



SUMMER CAMP 2011 REGISTRATION

FEE IS \$429; PAY JUST \$400 IF PAID IN FULL BY MAY 1ST. 50% DEPOSIT BY APRIL 1ST.

PLAYER NAME _____ DATE OF BIRTH _____

PARENTS NAME[S] _____ & _____

ADDRESS _____ CITY, STATE, ZIP _____

HOME PHONE _____ CELL _____

EMAIL 1 _____ EMAIL 2 _____

CLUB OR SCHOLASTIC PROGRAM _____

AGE LEVEL PEE WEE BANTAM MIDGET MIDDLE SCHOOL JV VARSITY

FULL EQUIPMENT IS REQUIRED. CAMP FEE INCLUDES ALL ON-ICE AND OFF-ICE INSTRUCTION, INDIVIDUAL PLAYER EVALUATION, CAMP JERSEY AND CATERED SPORTS-NUTRITIOUS LUNCH DAILY.

EARLY REGISTRATION IS \$400. DEPOSIT OF \$200 DUE APRIL 1ST/BALANCE MAY 1ST. REGISTRATIONS OR DEPOSITS RECEIVED AFTER MAY 1ST WILL BE \$429.

PLEASE SUBMIT PAYMENT TO **SUMMER CAMP 2011**. BY CHECK OR CREDIT CARD PLEASE MAIL TO HRC SPORTS LLC, 3524 DARIEN ROAD, BETHLEHEM, PA 18020.

V/MC ACCOUNT NUMBER _____

EXPIRATION DATE: _____ CODE ON BACK _____

BILLING STATEMENT ADDRESS THE SAME AS REGISTRATION YES

I AUTHORIZE PAYMENT IN FULL BY CHARGING MY CREDIT CARD ONE TIME YES

I PREFER TO MAKE TWO CONSECUTIVE MONTHLY PAYMENTS YES
[DEPOSIT ON OR BEFORE APRIL 1ST; BALANCE DUE ON OR BEFORE MAY 1ST]

I AGREE TO PAY THE CHARGES IN ACCORDANCE WITH CARDHOLDER AGREEMENT

SIGNATURE _____

PLEASE CALL 610.849.0818 FOR ADDITIONAL INFORMATION. FAX IS 610.882.1293

PLEASE BE SURE TO REGISTER EARLY. HRC SPORTS LLC CAMPS SELL OUT QUICKLY.
CAMP REGISTRATION MAY BE LIMITED AT HRC SPORTS LLC DISCRETION.

HRC SPORTS LLC CAMPS AND PROGRAMS ARE WELL KNOWN THROUGHOUT THE GREATER LEHIGH VALLEY AND OUR EVENTS ARE CONSISTENTLY SOLD OUT.

WE ARE THE PREMIER TRAINING EXPERIENCE FOR YOUTH HOCKEY PLAYERS.

LOOK WHAT'S NEW FOR 2011!

HRC SPORTS LLC SUMMER CAMP 2011

THE LEHIGH VALLEY'S ONLY
PREMIER TRAINING EXPERIENCE
FOR YOUTH HOCKEY
JUNE 19-24, 2011
STEEL ICE CENTER



SEAN SKINNER



SKILLS COACH FOR THE MONTREAL CANADIENS, BUFFALO SABRES,
THE SWEDISH NATIONAL PROGRAM. RUSSIA DYNAMO & KHL TEAMS,
IIHF JUNIOR COACH AND SKILLS DEVELOPMENT EXPERT

Stickhandling
Beyond
Belief

VISIT
SKINNERHOCKEY.COM

Ultimate
Hockey
Skating

JOIN US TO CELEBRATE OUR 6TH SEASON OF A SELL-OUT EXPERIENCE

HIGH INTENSITY SKILLS TRAINING BY PROFESSIONAL COACHES WITH INTERNATIONAL EXPERIENCE

DESIGNED FOR PLAYERS 10 TO 17 YEARS OLD, HRC SPORTS LLC HAS LONG BEEN KNOWN FOR ITS ANNUAL SUMMER CAMPS AND HOCKEY CLINICS IN THE LEHIGH VALLEY. WE ARE CELEBRATING OUR 6TH SEASON OF PREMIER TRAINING FOR PLAYER DEVELOPMENT. THIS YEAR, IT'S [STICKHANDLING BEYOND BELIEF](#) AND [ULTIMATE HOCKEY SKATING](#) WITH SEAN SKINNER.



PROGRAMS ARE ALWAYS FOCUSED ON PLAYER DEVELOPMENT NEEDS

HRC SPORTS LLC FEATURES A UNIQUE SUMMER HOCKEY EXPERIENCE FOR SKILLS AND EXPOSURE TO LONG-TERM ATHLETE DEVELOPMENT FOR SPORTS TRAINING. OUR PROGRAMS ARE DESIGNED WITH THE PRINCIPLES OF USA HOCKEY'S ADM AND LTAD FOR PLAYERS AGE 10 THROUGH 17 YEARS OLD.

LEHIGH VALLEY'S ONLY PREMIER TRAINING EXPERIENCE

OUR PHILOSOPHY AT HRC SPORTS LLC HAS EARNED US THE REPUTATION FOR ON-ICE AND OFF-ICE EXCELLENCE IN SKILLS DEVELOPMENT. OUR PROGRAMS PROMOTE A LOW STUDENT-TO-COACH RATIO AND OUR PROFESSIONAL COACHING STAFF CONCENTRATES ON THE IDENTIFICATION AND CORRECTION OF EACH TECHNICAL SKILL.

SUMMER CAMP 2011 FEATURES

DROP OFF BY 8AM PICK UP AT 5 PM*

- **STICKHANDLING BEYOND BELIEF**
- **ULTIMATE HOCKEY SKATING**
- **SHOOTING TO SCORE OFFENSE**
- **DEFENSIVE TACTICS**
- **VARIABLE GOALS [VGT]**
- **15 HOURS ON-ICE**
- **SPEED - AGILITY - QUICKNESS**
- **OFF-ICE CONDITIONING**
- **SPORT NUTRITIOUS LUNCH**
- **CAMP JERSEY...AND MORE!**

THE ON-ICE AND OFF-ICE PROGRAMS ARE DESIGNED AND SUPERVISED BY PROFESSIONAL COACHES. HRC SPORTS LLC IS KNOWN FOR IDENTIFYING AND ADOPTING INNOVATIVE TRAINING TECHNIQUES FOR RAPID SKILLS DEVELOPMENT THROUGH HIGH-TEMPO, HIGH INTENSITY ACTIVITIES.



OUR PROFESSIONAL COACHING STAFF

SEAN SKINNER IS JOINING THE 2011 EDITION OF HRC SPORTS LLC SUMMER CAMP 2011 AS PRO COACH AND HOCKEY DIRECTOR. INTERNATIONALLY KNOWN AS THE STICKHANDLING GURU, SEAN IS SOUGHT AFTER FROM ALL OVER THE WORLD AS A PROFESSIONAL SKILLS COACH FOR OVER 20 YEARS – WORKING FOR USA HOCKEY, HOCKEY CANADA, SWEDISH HOCKEY FEDERATION, CZECH REPUBLIC, TOP RUSSIAN KHL TEAMS AND OTHERS IN THE IIHF.

SEAN WORKS WITH ROOKIES AND VETERANS ALIKE WITH THE MONTREAL CANADIENS TRAINING CAMP. SINCE 2007, SEAN HAS BEEN REEBOK'S GUTS & GLORY FEATURED SHOWCASE THROUGHOUT NORTH AMERICA. SEAN STUDIED KINESIOLOGY AT SAN JOSE STATE, HOLDS USA HOCKEY'S MASTER-LEVEL 5 AND IS ACCREDITED BY HOCKEY CANADA. SEAN PREVIOUSLY COMPETED IN THE USTS TRI-ATHLETE NATIONAL CHAMPIONSHIPS.

MIKE LICHTENBERGER SINCE '99 HAS BEEN THE HEAD COACH AT LEHIGH UNIVERSITY AND USA HOCKEY'S COACH-IN-CHIEF IN THE ATLANTIC DISTRICT. MIKE IS A LONG TIME COACH EDUCATOR AND BRINGS YEARS OF NATIONAL AND INTERNATIONAL EXPERIENCES TO SUMMER CAMP 2011. MIKE WAS NAMED A MASTER-LEVEL 5 COACH IN 1999 BY USA HOCKEY AND HAS PARTICIPATED IN NUMEROUS INTERNATIONAL ICE HOCKEY PROGRAMS IN FINLAND, LATVIA, CANADA, USA & ENGLAND.

MIKE IS A TWO-TIME COACH OF THE YEAR IN THE EASTERN COLLEGIATE HOCKEY ASSOCIATION AND IS THE NATIONAL COACH-IN-CHIEF FOR THE AMERICAN COLLEGIATE HOCKEY ASSOCIATION. MIKE HAS SUCCESSFULLY ORGANIZED SUMMER CAMPS SINCE '98 AND FOUNDED HRC SPORTS LLC IN 2005.

OTHER COACHES AND COUNSELORS, INCLUDING SELECT LOCAL PLAYERS FROM LEHIGH UNIVERSITY AND LOCAL COACHES WILL JOIN US. PROGRAM IS SUBJECT TO CHANGE WITHOUT NOTICE.

* DROP-OFF SCHEDULE IS MONDAY THROUGH THURSDAY. SUNDAY SCHEDULE IS MODIFIED WITH AN ORIENTATION SKATE; FRIDAY CONCLUDES AT 11:00 AFTER SKILLS COMPETITION.